

Getting to know...

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UUP Member

I am currently a Senior Training Associate with the University Center for Training and Development (UCTD). I am also a proud Binghamton University Alum (BS '96 and MPA '21). I began working at Binghamton University as a student employee and I am still here today almost 29 years later! Although our department name, my job title, and the technology have all changed over the years, our mission to facilitate learning and growth has remained at the core of what we do.

My family is now a SUNY family too; my son, Jake, is a Binghamton University undergraduate studying Geography/GIS and my daughter is a student at SUNY Broome.

QUESTION & ANSWER

Tell me about your job and why you love what you do?

As a trainer with the University Center for Training and Development (UCTD), my job focuses on creating training opportunities that encourage learners to absorb and develop skills in areas such as Microsoft Excel and Brightspace. As an instructor for the Binghamton University Certification Program, I have the privilege of meeting hundreds of my fellow employees who share their experiences, goals, frustrations, and aspirations. I am grateful that I work in an environment where exploring, learning, and professional development are encouraged and recognized.

How did you get involved with UUP?

My UCTD colleagues are very active with UUP, mobilizing and recruiting, and their enthusiasm is contagious! I enjoy helping out with UUP Breakfast Bites, participating in UUP events, and generally becoming informed about UUP. The more I learn about our union the more I realize that the hard-fought benefits we have today and those we are working towards for the future are truly the result of a collective voice.

How do you make a difference?

I do my best to bring joy and encouragement to others. As a trainer, an EAP Committee member, and a Healthy Campus Agent, I have the opportunity to have a positive impact on other's lives. I strive to be patient and adaptable while adjusting training to accommodate various learning styles. I recently became a Certified Wellness Counselor and I am excited to see where this path will lead!

What about your community engagement; any hobbies?

I am a past Chair and current active member of the EAP Committee. Being part of EAP has not only been rewarding but also educational. Through the EAP Committee, I am continually learning about and sharing information about community resources. I am also a Healthy Campus Agent. Healthy Campus Agents support and encourage the campus community to participate in campus-sponsored health and wellness programs. Through Healthy Campus programs, I am continually learning myself, especially about the nine dimensions of health. Outside of work, I enjoy learning about nutrition, experimenting with new recipes, fitness activities, thrift shopping, walking my dog, and spending time with my kids.